

## !Your disease activity is currently HIGH!

High disease activity means that your condition could worsen. However, with the right treatment, we have a good chance of positively influencing its course.

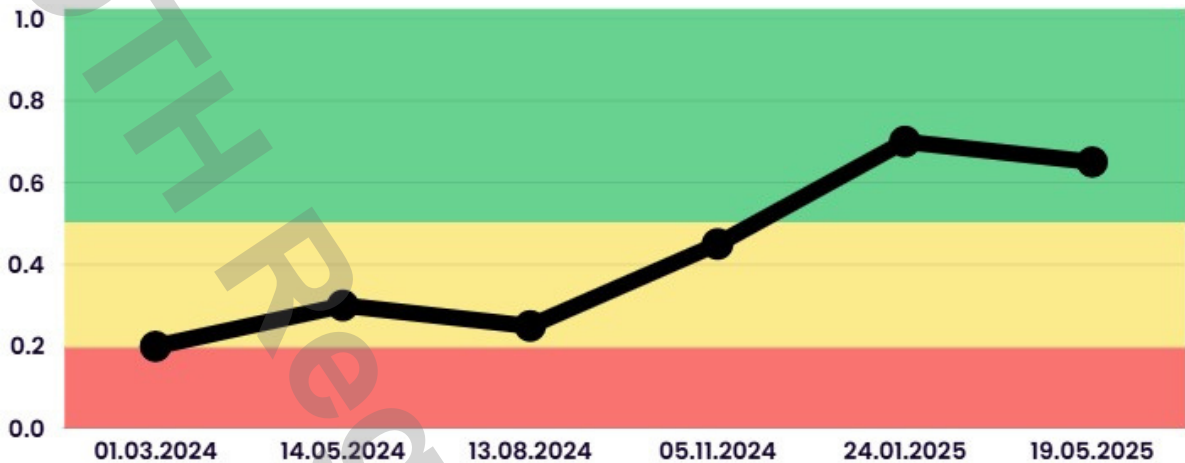
<b>Important measures</b>	<ul style="list-style-type: none"><li>-Be sure to attend your next doctor's appointment</li><li>-Contact your doctor if you have any questions</li></ul>
<b>What you may notice</b>	<ul style="list-style-type: none"><li>-Blurred vision</li><li>-Dark spots</li><li>-Distorted or wavy lines</li></ul>
<b>Protect your eyes</b>	<ul style="list-style-type: none"><li>-Quit smoking</li><li>-Stay active</li><li>-Wear sunglasses outdoors</li><li>-Eat leafy vegetables and omega-3 fatty acids</li></ul>

**Next treatment date: 20 August 2025**

Your eye condition has **improved** overall in the last five examinations. However, since your last appointment, we have seen signs that activity is increasing slightly again. This is not necessarily a bad thing, but it does show us that your eye currently needs a little **more attention**. By monitoring it closely, we can optimally adjust your treatment to maintain the positive progress and protect your vision as best as possible. In this way, we can work together to ensure that you continue to receive good care and can react at an early stage.

**IMPORTANT: Without treatment, the eye may suffer permanent damage. If your vision suddenly worsens, contact your doctor.**

Your visual acuity (vision) over the last few appointments:



\* "Visual acuity" indicates how clearly one can see details, e.g. reading letters on an eye chart. 1 indicates normal vision, 0 indicates blindness.

What the diagram shows:

- Rising: A rising trend in the graph indicates that your vision is improving over time.
- Stable: If the line is flat, this may mean that your vision is stable.

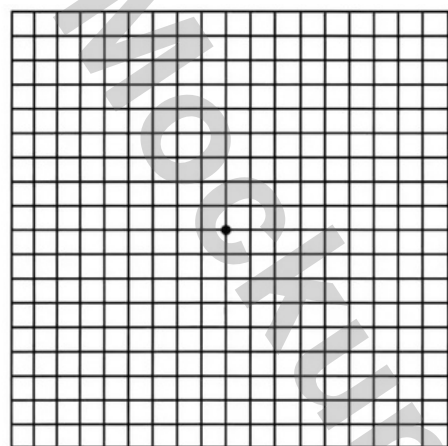
That is our long-term goal.

- Declining: The line may decline. This means that your treatment may need to be adjusted.

Test your eyesight at home

Use the Amsler grid to detect changes in your vision:

1. Cover one eye and look at the dot in the centre.
2. Do you see wavy or missing lines?
3. If so, call your doctor immediately.



Do you require further information or assistance?

- ProRetina Deutschland e.V.

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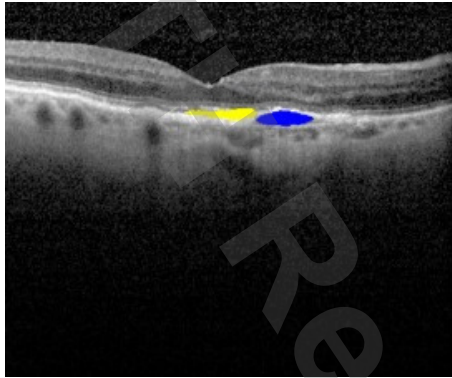
- AMD-Netz

Website: [www.amd-netz.de](http://www.amd-netz.de)

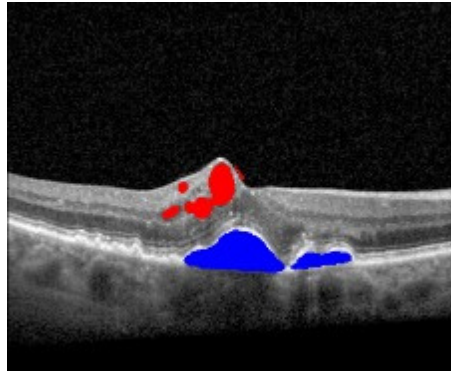
Email: [kontakt@amd-netz.de](mailto:kontakt@amd-netz.de)

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## What your eye scan reveals:



Three months ago



Now

These images show how your eye has responded to treatment.

In the earlier image (left), you can see some signs of fluid. This has accumulated in the eye (marked in colour).

The newer image (right) shows more fluid. This may indicate higher disease activity.

### The coloured markings in these scans are biomarkers.

Biomarkers are signs in your eye, such as fluid or swelling. They show doctors how active your eye disease is. These areas become colourful to track your disease.

#### Biomarker

**IRF**

#### Meaning

Fluid in the retina, leading to swelling, for example.

**SRF**

Fluid under the retina, indicating disease activity.

**PED**

Layer under the retina is raised or detached.

# Your appointment on 19 May 2025 with Dr. Klar (Neuprüll Eye Clinic)

## Your current medications for AMD

Medication	Active ingredient	Dosage	Frequency	Purpose / Note
Aflibercept	VEGF inhibitor	2 mg	every 8 weeks	Stabilisation of the retina
AREDS <sup>®</sup> -capsules	Lutein + Zeaxanthin	1x daily	daily	Nutritional supplement for macular care